

**THE
WESSEX ATHLETICS
CHAMPIONSHIPS
2015**



**THE BOURNEMOUTH ATHLETICS CENTRE
Wednesday 10th June
(10.15 - 17.00)**

OFFICIALS

Referee:	Mr S Whithear	Farleigh School
Announcer:	Mr M. Drummond	
Clerk:	Mrs D. Harding	Farleigh School
Track Marshall/Judge:	Mr S. Ives	Canford
Chief Time Keeper:	Mr Reed	Walhampton
Marksman	Mrs B. Hammond(am) Mrs S. Drummond(pm)	Twyford
Starter:	Mr M. Reeves	Forres Sandle Manor
Field Referee	Mrs B. Ellis	Yateley Manor
Relay Boxes:	1st Change	Durlston
	2nd Change	Farleigh
	3rd Change	Yateley Manor

	<u>BOYS</u>			<u>GIRLS</u>		
High Jump:	U12	(13.00)	Bournemouth Collegiate	U12	(14.30)	Hanford
	U13	(11.50)	West Hill Park	U13	(10.30)	Godolphin
	U14	(13.30)	Dumpton	U14	(15.20)	Eagle House
Long Jump:	U12	(14.20)	Stroud	U12	(15.20)	Knighton House
	U13	(15.20)	Chafyn Grove	U13	(12.10)	Leaden Hall
	U14	(13.15)	Castle Court	U14	(14.20)	Bournemouth Colleg.
Triple Jump:	U14	(12.10)	Sandroyd/ Leehurst Swan	U14	(10.40)	Castle Court
Shot:	U13	(13.15)	Leweston	U12	(12.40)	Yateley Manor
	U14	(12.10)	Ryde	U13	(14.20)	SCS
	U12	(15.35)	St Francis	U14	(15.10)	Leehurst Swan
Discus:	U12	(10.40)	SCS, Clayesmore	U12	(10.40)	Sherborne, St Francis
	U13	(14.20)	Chafyn Grove, Castle Court	U13	(12.10)	FSM, Farleigh
	U14	(13.15)	Eagle House, Stroud	U14	(12.10)	Godolphin, Leweston Prep
Javelin:	U12	(15.10)	Durlston Court, WHP	U12	(16.00)	Hanford, Dumpton
	U13	(12.10)	Twyford, Sherborne	U13	(13.15)	Leweston Prep, Clayesmore
	U14	(14.20)	Ryde, Sandroyd	U14	(13.15)	Leaden Hall

COMPETING SCHOOLS

1	Bournemouth Collegiate	11	Hanford	21	Stroud
2	Castle Court	12	Knighton House	22	Twyford
3	Chafyn Grove	13	Leaden Hall	23	West Hill Park- WHP
4	Clayesmore	14	Leehurst Swan	24	Walhampton
5	Dumpton	15	Leweston Prep	25	Yateley Manor - YM
6	Durlston Court	16	Ryde School		
7	Eagle House	17	St Francis		
8	Farleigh	18	Salisbury Cathedral- SCS		
9	Forres Sandle Manor- FSM	19	Sandroyd		
10	Godolphin	20	Sherborne		

CHAMPIONSHIP RECORDS

BOYS

	UNDER 14 BOYS			UNDER 13 BOYS			UNDER 12 BOYS		
75m Hurdles	11.1	Smith	Northcliffe	11.20	Scott	Sherborne Prep (90)	11.1		
					Greenhill	Edinburgh House (91)			
					Walsh	Hordle Walhampton (98)			
100m	11.6	Howard	Ryde (90)	12.3	Howard	Ryde (89)	13.1		
200m	24.1			27.10	Walsh	Ryde Junior (94)	27.9	Monyei	Hordle House (86)
400m	56.3	Howard	Ryde (90)	54.70	Howard	Ryde (89)	63.4	Bennett	Stroud (92)
800m	2:12.0	Counsell	Edinburgh House (85)	2:21.0			2:30		
1500m	4:42.00	Coward	Warminster (07)	4:55.0	Blackledge	Ryde (97)	5.10.3	Lopez-Valido	Farleigh(11)
4 x 100m Relay	50.50		Ryde (90)	52.50		Ryde (89)	55.9		Ryde (88)
High Jump	1.75m			1.56m			1.50m	Doray	Sherborne (90)
Long Jump	5.93m	Howard	Ryde (90)	4.88m	Holmes	Hordle Walhampton (02)	4.87m	Joyce	Chafyn Grove (92)
Triple Jump	11.42m	Talbot	Farleigh (01)	10.36m	Namngoan	Old Malthouse (94)	9.85m	Monyei	Hordle House (86)
Shot	12.40m	Pearce	Dumpton (01)	10.85m	Smart	Durlston Court (89)	8.83m	Perrin	West Hill Park (09)
Discus	39.05m	Percy	Ryde (08)	33.43m	D. Bourne	Castle Court(12)	26.45m	Stuart	Farleigh (07)
Javelin	37.10m	Pearce	Dumpton (01)	35.88m	Myatt	Walhampton (92)	32.70m	Patience	Stroud (93)

GIRLS

	UNDER 14 GIRLS			UNDER 13 GIRLS			UNDER 12 GIRLS		
70m Hurdles				11.2	Lickiss	Castle Court (09)	12.1	Lickiss	Castle Court (07)
75m Hurdles	12.1	Ridley	Twyford(12)					Bretherton	Yateley Manor(12)
100m	12.3	Nwuba	Hordle House (97)	12.9	Tiley Gyado	Durlston Court (95)	12.0	Lickiss	Castle Court (08)
200m	26.8	Tilley-Gyado	Durlston Court (96)	28.1	Morris	Ryde (97)	28.8	Middleton	Walhampton (82)
300m	43.1	Percy	Ryde (05)						
800m	2:25.1	Percy	Ryde (05)	2:29.9	Percy	Ryde (04)	2:38.5	Holland	Sandle Manor (89)
1500m	5:17.4	Warwick	St Swithuns (06)	5:22.9	Holmes-Evans	Yateley Manor (06)	5:20.8	Richardson	Durlston Court(13)
4 x 100m Relay	54.0		Forres S. Manor (08)	56.2		Chafyn Grove (07)	58.4		Farleigh (05)
High Jump	1.56m	Mason	Farleigh (10)	1.42m	Hughes	Castle Court (04)	1.38m	Ferris	Twyford (05)
Long Jump	4.76m	Middleton	Walhampton (88)	4.71m	Quashie-Idun	Clayesmore (88)	4.44m	Lickiss	Castle Court (08)
Triple Jump	10.22m	German	Forres S. Manor (07)						
Shot	12.55m	Merritt	Godolphin(11)	9.74	Carding	Yateley Manor (99)	7.58m	Wybourne	West Hill Park (10)
Discus	37.09m	Merritt	Godolphin (10)	38.22m	Merritt	Ryde (07)	26.94m	Merritt	Godolphin (09)
Javelin	31.14m	Bowring	Hordle House (95)	29.43m	Waller	Castle Court (03)	27.49	Merritt	Godolphin (09)

SENIOR WESSEX ATHLETICS CHAMPIONSHIPS TIMETABLE

10:15	U12 Girls	HURDLES	Heats		
10:20	U12 Boys	HURDLES	Heats		
10:25	U13 Girls	HURDLES	Heats		
10:30	U13 Boys	HURDLES	Heats	U13 Girls	HIGH JUMP
10:40	U12 Boys	1500m	Final	U14 Girls	TRIPLE JUMP
	U12 Girls	1500m	Final	U12 Girls	DISCUS
				U12 Boys	DISCUS
10:55	U14 Boys	HURDLES	Heats		
11:00	U14 Girls	HURDLES	Heats		
11:10	U12 Girls	RELAY	Heats		
11:20	U12 Boys	RELAY	Heats		
11:30	U13 Girls	RELAY	Heats		
11:40	U13 Boys	RELAY	Heats		
11:50	U14 Girls	RELAY	Heats	U13 Boys	HIGH JUMP
12:00	U14 Boys	RELAY	Heats		
12:10	U12 Girls	800m	Final	U14 Boys	TRIPLE JUMP
				U13 Girls	LONG JUMP
				U13 Girls	DISCUS
				U14 Girls	DISCUS
				U14 Boys	SHOT
				U13 Boys	JAVELIN
12:20	U12 Boys	800m	Final		
12:30	U13 Girls	800m	Final		
12:40	U13 Boys	800m	Final	U12 Girls	SHOT
12:50	U14 Girls	800m	Final		
13:00	U14 Boys	800m	Final	U12 Boys	HIGH JUMP
13:05	U12 Girls	100m	Heats		
13:10	U12 Boys	100m	Heats		
13:15	U13 Girls	100m	Heats	U14 Boys	LONG JUMP
				U14 Girls	JAVELIN
				U13 Girls	JAVELIN
				U14 Boys	DISCUS
				U13 Boys	SHOT
13:20	U13 Boys	100m	Heats		
13:25	U14 Girls	100m	Heats		
13:30	U14 Boys	100m	Heats	U14 Boys	HIGH JUMP
13:55	U14 Girls	300m	Final		
14:00	U14 Boys	300m	Final		
14:10	U12 Girls	200m	Heats		
14:15	U12 Boys	200m	Heats		

14:20	U13 Girls	200m	Heats	U14 Boys	JAVELIN
				U13 Boys	DISCUS
				U13 Girls	SHOT
				U14 Girls	LONG JUMP
				U12 Boys	LONG JUMP
				U12 Girls	HIGH JUMP
14:30	U13 Boys	200m	Heats		
14:40	U14 Girls	200m	Heats		
14:50	U14 Boys	200m	Heats		
14:55	U13 Boys	1500m	Final		
	U13 Girls	1500m	Final		
15:05	U14 Girls	HURDLES	Final		
	U14 Boys	HURDLES	Final		
15:10	U14 Boys	1500m	Final	U14 Girls	SHOT
	U14 Girls	1500m	Final	U12 Boys	JAVELIN
15:20	U12 Girls	HURDLES	Final	U12 Girls	LONG JUMP
	U12 Boys	HURDLES	Final	U13 Boys	LONG JUMP
	U13 Girls	HURDLES	Final	U14 Girls	HIGH JUMP
	U13 Boys	HURDLES	Final		
15:35	U12 Girls	100m	Final	U12 Boys	SHOT
	U12 Boys	100m	Final		
	U13 Girls	100m	Final		
	U13 Boys	100m	Final		
	U14 Girls	100m	Final		
	U14 Boys	100m	Final		
16:00	U12 Girls	200m	Final	U12 Girls	JAVELIN
	U12 Boys	200m	Final		
	U13 Girls	200m	Final		
	U13 Boys	200m	Final		
	U14 Girls	200m	Final		
	U14 Boys	200m	Final		
16:25	U12 Girls	RELAY	Final		
	U12 Boys	RELAY	Final		
	U13 Girls	RELAY	Final		
	U13 Boys	RELAY	Final		
	U14 Girls	RELAY	Final		
	U14 Boys	RELAY	Final		
17:00	PRESENTATIONS – 1st place Relays, Best Athlete (Girls & Boys)				

MANAGER'S TIMETABLE

EVENTS	U14		U13		U12	
	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS
Hurdles Heats	10:55	11:00	10:30	10:25	10:20	10:15
Hurdles Final	15:05	15:05	15:20	15:20	15:20	15:20
100m Heats	13:30	13:25	13:20	13:15	13:10	13:05
100m Final	15:35	15:35	15:35	15:35	15:35	15:35
200m Heats	14:50	14:40	14:30	14:20	14:15	14:10
200m Final	16:00	16:00	16:00	16:00	16:00	16:00
300m Final	14:00	13:55				
800m Final	13:00	12:50	12:40	12:30	12:20	12:10
1500m Final	15:10	15:10	14:55	14:55	10:40	
Relay Heats	12:00	11:50	11:40	11:30	11:20	11:10
Relay Final	16:25	16:25	16:25	16:25	16:25	16:25
High Jump	13:35	15:10	11:50	10:30	13:00	14:30
Long Jump	13:15	14:20	14:20	11:45	15:10	15:10
Triple Jump	12:10	10:40				
Shot	12:10	15:10	13:15	14:20	15:35	12:40
Discus	13:15	12:10	14:20	12:10	10:40	10:40
Javelin	14:20	13:15	12:10	13:15	15:10	16:00

CONDITIONS OF ENTRY

1. All competing athletes must be Under 12, Under 13 and Under 14 respectively on 1st September 2014.
2. ONE athlete may compete in one individual track event and two field events or in two individual track events and one field event AND a relay for each scenario.
3. An athlete who competes in one age group in any individual event may not compete in another individual event in a different age group. However, an athlete may compete in one age group for individual events and in a different, but only one age group, for the relay.
4. All schools entering the championships do so in the knowledge that should a pupil be selected to represent the Wessex Area, then neither that pupil nor any other pupil from the same school may compete for a different area at National level.
5. The maximum spike length is **5 mm**.
6. An athlete who finds himself/herself being called for both a track and field event at the same time must register with the field event judge first, then report to the track event. He/she must make every effort to return to the field event before completion of a round in order to register a jump or throw.
7. An athlete who misses his/her heat may, at the discretion of the track referee, enter another similar age group heat.
8. Designated numbers issued must be worn on the front and back by track athletes, field athletes need only wear them on the front. High Jumpers must only wear them on the front.
9. Any team changes **must** be declared at the Championship Office by 10.15 am. Thereafter, only withdrawals will be accepted.

WEIGHT AND SPECIFICATIONS

Hurdles:	U14	75m	76cm high	8 flights	(7.5m spacings)
	U13	70m	68cm high	8 flights	(7.0m spacings)
	U12	70m	68cm high	8 flights	(7.0m spacings)
Shot:	U14 Boys	3.25 kg	All others		2.72 kg
Discus:	U14 Boys	1 kg	All others		0.75 kg
Javelin:	U14 Boys	600g	All others		400g

Field Events: All competitors have three trials

High Jump: The bar will rise in 5 cm intervals until the last three competitors remain, when it will rise in 2cm intervals.

The final competitor may choose the height at which he/she wishes to jump.

ONCE RAISED THE BAR WILL NOT SUBSEQUENTLY BE LOWERED

NATIONAL PREPARATORY SCHOOLS ATHLETICS CHAMPIONSHIPS

Entry Standards for Second String Athletes

	BOYS			GIRLS		
	U12	U13	U14	U12	U13	U14
100m	14.6	13.8	13.0	14.7	14.3	13.9
200m	31.0	29.3	27.6	31.9	30.8	29.7
400m			60.0			50.0 (300m)
800m	2:40.0	2:33.0	2:26.0	2:51.0	2:47.0	2:43.0
1500m	5:21.0	5:10.0	4:59.0	6:01.0	5:51.0	5:41.0
Hurdles	13.3 (70m)	12.9 (70m)	13.1 (75m)	14.0 (70m)	13.5 (70m)	13.6 (75m)
High Jump	1.35m	1.45m	1.55m	1.25m	1.30m	1.35m
Long Jump	4.00m	4.32m	4.65m	3.88m	4.08m	4.28m
Triple Jump			10.15m			8.00m
Shot	8.50m (2.72kg)	9.40m (2.72kg)	10.05m (3.25kg)	6.50m (2.72kg)	7.10m (2.72kg)	7.95m (2.72kg)
Discus	20.0m (0.75kg)	23.5m (0.75kg)	27.00m (1.0kg)	16.5m (0.75kg)	19.0m (0.75kg)	21.5m (0.75kg)
Javelin	25.00m (400g)	26.5m (400g)	32.00m (600g)	16m (400g)	18.50m (400g)	21.50m (400g)
Relay	56.3		52.5	60.0		57.8

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Your official event photographers

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PRIZES:

1st, 2nd & 3rd prizes will be presented as soon after finals/events as possible. Children in top three should go to collect their prize from in front of the stadium.

FINAL PRESENTATIONS:

5.00pm (middle of the track) for:

Relay winners

Best Boy and Girl Athlete

Trophy Awards

LANSDOWN TROPHY (Best Overall Boy Athlete)

1986	Warsame	Port Regis
1987	White	Edinburgh House
1988	Parker	Boundary Oak
1989	Monyei	Hordle House
1990	Howard	Ryde
1991	Harding	Port Regis
1992	Dorey	Sherborne
1994	Polpanakij	Durlston Court
1995	Allan	Boundary Oak
1996	Ackroyd	Ballard Lake
1997	Booth	Ryde
1998	Booth	Ryde
1999	Baldwin	Ryde
2000	Fisher, Pearce	Hordle Walhampton, Dumpton
2001	Holmes	Hordle Walhampton
2002	C Essen	Old Malthouse
2003	O Holmes	Hordle Walhampton
2004	M Shaughnesy, O Crowther	Farleigh, Dumpton
2005	C Edmunds	Farleigh
2006	O Mario-Ghae	Ryde
2007	J Urry	Ryde
2008	Percy	Ryde
2009	R. Jennings	Farleigh
2010	M. Coleman	Twyford
2011	W. Dexter	Yateley Manor
2012	W. Westmacott	Farleigh
2013	H. Marchant	Yateley Manor
2014	L. Sims & H. Marchant	Yateley Manor

Best Overall Girl Athlete

1994	C Warren	Ryde
1995	B Tiley Gyado	Durlston Court
1996	J Hayward	Walhampton
1997	J Hayward	Walhampton
1998	A Grant-Braham	Castle Court
1999	K Saltrick	Forres Sandle Manor
2000	G Cockerell	Hordle Walhampton
2001	C Woodhead	Castle Court
2002	C Woodhead	Castle Court
2003	L Waller	Castle Court
2004	L Waller, G Clarke	Castle Court, Knighton House
2005	B Percy	Ryde
2006	E Mitcheel	Ryde
2007	A Robinson, F Lickiss	Yateley, Castle Court
2008	F. lickiss	Castle Court
2009	F. Lickiss	Castle Court
2010	S. Ridley	Twyford
2011	E. Curzen	Yateley Manor
2012	S. Ridley	Twyford
2013	A. Dickenson	Ryde School
2014	B. Fair	Twyford

**Nationals will be held at Birmingham Stadium on Wednesday 24th June
2015**